

***** This is an article ghost written for a local doctor's newspaper column.**

Dear Dr. Karen,

Since school is starting I've been looking at the kids' health. Would a chiropractic session help them at their ages. They are in elementary school.

Dear Mrs. T.

Yes, I recommend that everyone be checked out for proper spinal alignment regardless of their age. There are many advantages to starting out when they are young. Many conditions that start out during childhood persist into their teen and adult years. Catching them early makes a real difference.

By clearing the blockages to communication between their brain and body their natural immunity and healing is promoted. In school they face a lot of health issues and diseases. You want their natural immunity and disease resistance to be at it's maximum. This gives them a better chance to stay healthy and in class.

Exposing them to Chiropractic care early also demonstrates to them that drugs are not necessary for healing. The experience will give them a holistic, natural view of health. We enjoy working with children and they enjoy these sessions. Because of this and the greater sense of wellbeing they experience afterwards they feel better and more positive.

Chiropractic practices are a safe natural healing method using principles having 100 years of history. This long history shows the safety and effectiveness of these techniques. These adjustments help to restore the God-given healing potential that is the birthright of your child. You can't find another profession that can do that this easily.

We would be glad to schedule some time to help you with this. Call and we can arrange a time to meet with you and your children. I also recommend that you check out some of our complementary wellness classes. They will help you take better care of yourself and your family's health.